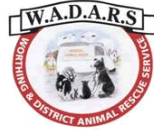


Walk for WADARS!



Sunday 19 April 2009 at 11 am



**Spring is a perfect time for
a Sponsored Walk for WADARS!**

On Sunday 19 April 2009 we will all be donning our stout shoes and enjoying a lovely country walk to raise lots of much needed funds for WADARS!

Please feel free to bring your dogs (and poo bags!).

We will start the walk from the car park at Highdown, Worthing, stride across Highdown Hill (being mindful of horses!), make our way to the Spotted Cow Pub, stop for refreshment in the garden (weather permitting) and wend our merry way back again! This will take about 1.5 hours.

If you would like to join in, sponsor forms are available from WADARS, 33 West Buildings, 01903 217788 or any Grove Lodge branch or pay £5 on the day to join in.

(Water will be provided for doggies).